

# 2025 SUMMER INTENSIVE

## "BACK TO DANCE" 2 DAY SUMMER INTENSIVE

**WED 22ND & THU 23RD JANUARY AT SUNBURY STUDIOS, 6 BUBECK ST, SUNBURY**

**PRIMARY LEVEL (4-6YO or up to Primay Ballet for 2025) 9.15 - 12.30 \$100**

**JUNIOR LEVEL (7-8YO or in Grade 1 or 2 ballet for 2025) 9.15 - 12.30 \$100**

**ELEMENTARY LEVEL (8-10yo or in Grade 3 or 4 ballet for 2025) 10.00 - 3.30 \$120**

**INTERMEDIATE LEVEL (11-13yo or up to senior ballet for 2025) 10.00 - 4.15 \$130**

**SENIOR LEVEL (14+ or advanced 1 up for 2025) 12.30 - 5.45 \$130**

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
9.15 - 10.00	JUNIOR WARM UP & JAZZ	PRIMARY WARM UP & ACRO SKILLS		
10.00 - 10.45	PRIMARY BALLET	JUNIOR ACRO & STRETCH	ELEMENTARY CONTEMPORARY	INTERMEDIATE WARM UP, STRENGTH & COND.
10.45 - 11.00	BREAK	BREAK	BREAK	BREAK
11.00 - 11.45	PRIMARY CONTEMPORARY	ELEMENTARY STRETCH & ACRO	INTERMEDIATE CONTEMPORARY	JUNIOR BALLET
11.45 - 12.30	JUNIOR CONTEMPORARY	INTERMEDIATE STRETCH & ACRO	ELEMENTARY, STRENGTH & COND.	PRIMARY JAZZ
12.30 - 1.00	LUNCH BREAK	SENIOR WARM UP, STRETCH, STRENGTH & CONDITIONING	LUNCH BREAK	LUNCH BREAK
1.00 - 1.45		SENIOR CONTEMPORARY	ELEMENTARY BALLET TECHNIQUE	INTERMEDIATE BALLET TECHNIQUE
1.45 - 2.30				
2.30 - 2.45	BREAK	BREAK	BREAK	BREAK
2.45 - 3.30		INTERMEDIATE JAZZ TECHNIQUE	SENIOR BALLET BARRE	ELEMENTARY JAZZ TECHNIQUE
3.30 - 4.15		INTERMEDIATE JAZZ TURNS & LEAPS	SENIOR BALLET CENTRE & PIROUETTES	
4.15 - 5.00			SENIOR BALLET ALLEGRO	
5.00 - 5.45			SENIOR BALLET POINTE	