

## • Class Information 2017 – also see website

[www.carmelamelia.com.au](http://www.carmelamelia.com.au)

- Classes will only be offered where there are enough students to satisfy minimum class number requirements.
- We are unable to offer 2 classes per week in each location for all ballet levels unless numbers are sufficient.
- Where minimum class numbers are not reached, levels will be combined or cancelled.
- CLASS DISCOUNTS are applied for students doing more than 1 class, discount is 10 - 35% off each additional class
- FOR EXTRA KEEN STUDENTS WHO CAN'T GET ENOUGH DANCE - UNLIMITED CLASS DEALS ARE AVAILABLE

### Venues

- Sunbury Neighborhood Centre, 531 Elizabeth Drive, Sunbury (next to fire station)
- Woodend Buffalo Stadium, 1 – 27 Forest Street, Woodend
- Woodend Tennis Club,
- Gisborne Leisure/Community Centre, 8a Hamilton Street, Gisborne

### Uniforms available from :

- Leotards, tights, tots ballet shoes can be purchased through the school.
- More detailed uniform description on our website [www.carmelamelia.com.au](http://www.carmelamelia.com.au)
- \*Shoes need to be purchased from a dance shop:
- “Sparkelz” Dance Shop, 11/49 Royal Crescent, Hillside, Ph: 03 8390 8388 \*closest!
- “Energetiks” 166 Buckley St, Essendon Ph:03 93313322
- “Bloch” Southbank Ph: 03 96457000

**\*Trial classes may be done in any appropriate clothing allowing free movement before purchasing uniform**

## CLASSICAL BALLET CLASSES

### Tot's Creative Ballet Class

For 3 – 5 y.o. not yet attending school. Class is 30 minutes and includes fun ballet basics with lots of expression and creative ideas.

### Pre- Primary Ballet

For students 5 – 6 y.o. attending 1<sup>st</sup> year of Primary school. This class is 45 minutes and requires a more focused attention than tot's class whilst still maintaining the creative and expressive emphasis. Classes are timetabled early in the school week or on Saturday mornings where possible as this age group get very tired later in the week.

### Primary Ballet

For students 6 – 7 y.o. attending school. Primary Ballet has an examination option for students but is not compulsory and is based on readiness. Exam participation will be a fun and informal introduction to the Cecchetti exams.

### Grade 1 Ballet

For students 7 – 8 y.o. Grade 1 is our first grade examination level. The students are required to sustain the level of concentration needed for an examination situation. It is not compulsory to sit the exam but students not doing exams must be prepared to approach the class in the same manner as those who are. Those students who have not reached the technical standard will still be able to do a non-graded exam. \*students will **benefit** by doing 2 classes per week at this level and should do so if they are intending to do exams at least for term 1 & 2.

### Grade 2 Ballet

For students 8 and above. 2 classes per week is desirable for good progress. It is NOT recommended to sit exams if only doing 1 class. Whilst it is still possible to progress with one class per week it can be frustrating for the student to fall behind their class mates. Grade levels are progressive and build on the knowledge from the previous grade. Grade 2 is a good starting level for older beginners and many combinations of classes can be taken to “catch up”.

### Grade 3 – 6 Ballet

Grade levels are progressive and usually students attempt a level per year. Late beginners would be advised to do a mixture of the levels to get the skills required. (2 classes per week a must for exams)

### Major Levels – Intermediate, Advanced 1 & 2

The major levels require a high level of training and commitment to achieve the required standard for examination. In most cases these levels will be taken over 2 or more years. Progress examinations are advised before sitting full exam. If Intermediate exam is not completed then students are not eligible for the higher level exams. Students not wishing to undertake exams can still benefit from the strong technique grounding of these levels.

**Adult Ballet Class** – a great way to exercise for adults wishing to take part in basic ballet class both for those with experience and beginners. Even adults with ample ballet training in their past will get a work out from the basic ballet class studying posture, strength, flexibility and technique.

**High Performance Classes – Level 1,2 & 3** – These classes will be offered to students showing ability in classical ballet and a desire to further their technical and performance skills. Classes take the form of “open class” and challenge the students to a higher level than regular grade levels.

## **CONTEMPORARY CLASSES**

**Junior Contemporary** - For students turning 6 & up (Grade 1/ 2/3/ ballet)

**Elementary Contemporary** - For 10 years and up Grade 4/5 ballet - Depends on experience

**Intermediate Contemporary** - (G6 & Intermediate Ballet 1) – Depends on experience

**Senior Contemporary** - Intermediate 2/Adv 1

**Senior Advanced Contemporary** - Senior (Adv 1 & 2) students and experienced adults

**Lyrical class** – This style has a more free ballet style and includes flexibility and gymnastic movements with emphasis on creative expression. Ballet technique is required to take this class therefore students should be also taking part in classical ballet technique classes.

## **JAZZ/FUNK CLASSES**

**Primary Jazz/Funk**- For 3 – 6 y.o, a 30 minute class suited to Tots & Pre-Primary Ballet students. With free dance, and jazz/funk basics for beginners.

**Junior Jazz/Funk**- For ages 6 – 9 depends on experience and ability

**Elementary Jazz/Funk**- For 9 - 12 and older beginners

**Intermediate , Senior & Senior Advanced Jazz/Funk**- For 13 up depends on ballet level & experience

**Junior Tap, Elementary Tap & Senior Tap** - For ages 4 and upwards, older students will progress more rapidly and can move to next level once basics are achieved!

**Adult Tap** – For all adults to come along and try, it’s a great work out and lots of fun too!

**Song & Dance** - For students 6 and up. This is a class exploring singing, movement and dance from musical theatre productions.

**Junior Hip Hop** - For students 8 – 14. Hip Hop is a specific style and is not recommended as a replacement to Jazz/Funk which covers a much more thorough range of dance technique. Hip Hop class is offered as an “add on” class to students wishing to further their knowledge of this specific dance style. Senior Hip Hop class also available in Sunbury.

**Acrobatics Level 1 & 2** – Studying the correct strengthening, flexibility and techniques for the basic acrobatic movements now widely used in dance. Level 1 is for all students beginning not yet at an advanced level. Level 2 is for students already proficient and ready for aerial work such as flips and tumbles.